

II. PARADIDDLE RUDIMENTS

16. Single Paradiddle



BRONZE					BRONZE					GOLD				
30	35	40	45	50	55	60	65	70	75	80	85	90	95	100

17. Double Paradiddle



BRONZE					BRONZE					GOLD				
30	35	40	45	50	55	60	65	70	75	80	85	90	95	100

18. Triple Paradiddle



BRONZE					BRONZE					GOLD				
30	35	40	45	50	55	60	65	70	75	80	85	90	95	100

19. Paradiddle-Diddle



BRONZE					BRONZE					GOLD				
30	35	40	45	50	55	60	65	70	75	80	85	90	95	100

23. Flamacue



BRONZE					BRONZE					GOLD				
30	35	40	45	50	55	60	65	70	75	80	85	90	95	100

24. Flam Paradiddle



BRONZE					BRONZE					GOLD				
30	35	40	45	50	55	60	65	70	75	80	85	90	95	100

25. Flammed Mill



BRONZE					BRONZE					GOLD				
30	35	40	45	50	55	60	65	70	75	80	85	90	95	100

26. Flam Paradiddle-Diddle



BRONZE					BRONZE					GOLD				
30	35	40	45	50	55	60	65	70	75	80	85	90	95	100

27. Pataflafla



BRONZE					BRONZE					GOLD				
30	35	40	45	50	55	60	65	70	75	80	85	90	95	100

III. FLAM RUDIMENTS

20. Flam



BRONZE					BRONZE					GOLD				
30	35	40	45	50	55	60	65	70	75	80	85	90	95	100

21. Flam Accent



BRONZE					BRONZE					GOLD				
30	35	40	45	50	55	60	65	70	75	80	85	90	95	100

22. Flam Tap



BRONZE					BRONZE					GOLD				
30	35	40	45	50	55	60	65	70	75	80	85	90	95	100

28. Swiss Army Triplet



BRONZE					BRONZE					GOLD				
30	35	40	45	50	55	60	65	70	75	80	85	90	95	100

29. Inverted Flam Tap



BRONZE					BRONZE					GOLD				
30	35	40	45	50	55	60	65	70	75	80	85	90	95	100

30. Flam Drag



BRONZE					BRONZE					GOLD				
30	35	40	45	50	55	60	65	70	75	80	85	90	95	100